

Marking Criteria

Marks Awarded	The performer;
21-25	<ul style="list-style-type: none"> - Executes with mastery a range of pole skills with outstanding technique - Performs with excellence a range of pole skills utilising different body parts and grip points - Utilises a variety of effective transitions between tricks and dance movement to create interest - Demonstrates through proficient movement a sound understanding of the importance of lines and aesthetics when performing moves and dance both on and off the pole - Excels in demonstrating flexibility of the body through a range of tricks or transitions both on and off the pole - Excels in demonstration of strength of the body through a range of tricks or transitions both on and off the pole - Engages the audience with meaningful and purposeful choreography essential to the communication of the artwork - Demonstrates excellence in synchronicity with fellow performers
16-20	<ul style="list-style-type: none"> - Executes with a high level of proficiency a range of pole skills with a high level technique - Performs with a high level of skill a range of pole tricks utilising different body parts and grip points - Demonstrates a range of effective transitions between tricks and dance movement to create interest - Demonstrates a strong understanding of the importance of lines and aesthetics when performing moves and dance both on and off the pole - Demonstrates a high level of flexibility through pole tricks and/or dance movement - Demonstrates a high level of strength through pole tricks and/or dance movement - Demonstrates choreography essential to the communication of the artwork
11-15	<ul style="list-style-type: none"> - Executes with proficiency a range of pole skills with a strong level of technique - Performs with a high level of competence a range of pole skills utilising different body parts and grip points - Performs with competence transitions between tricks and dance movement - Demonstrates an understanding of aesthetics when performing moves and dance both on and off the pole - Performs with competence a range of movement demonstrating flexibility - Performs with competence a range of movement demonstrating strength - Dances with intent
5-10	<ul style="list-style-type: none"> - Executes a range of pole skills with a competent level of technique - Performs a range of pole skills utilising different body parts and grip points - Performs effectively transitions between tricks and dance movement - Demonstrates an understanding of aesthetics when performing moves - Demonstrates general flexibility throughout performance - Demonstrates general strength throughout performance - Shows evidence of choreography, however performs with limitation
0-4	<ul style="list-style-type: none"> - Executes pole skills with a general level of technique - Performs pole skills using different body parts - Performs transitions between tricks and dance movement - Demonstrates a limited understanding of the importance of aesthetics - Utilises strength and/or flexibility throughout performance - Performs basic choreography with limited skill



The information provided below should form the basis of your routine creation and competition performance. Please be advised that feedback from the competition is limited and not immediate and may take months to receive. All judging is final upon completion of the competition.

Each element (technique, grip point, transitions, aesthetics, flexibility, strength, choreography) all contain a maximum of 5 marks each. This allows for a maximum mark of 25.

Technique- refers to a well coordinated sequence of muscle actions to produce SAFE and EFFICIENT movement.

What this should look like: Ease and flow of movement both in pole trick execution and floor choreography. Extension, movement consideration on both static and spin poles, trick and dance choreography considerate of dancers skill level. In group this also refers to technique of acrobatic and trick execution between dancers relative to the movement they are producing.

Transitions and Grip Point- Movement, passage and change from one position to another using different parts of the body.

What this should look like: Seamless, effortless change between body positions and pole tricks using a variety of grips and body parts on both sides of the body. In group competitors, we are looking for transitions between doubles moves both on and off the pole as well as utilising a range of grips between base/flyer/pole.

Aesthetics- Conscious, refined, stylistic and appropriate movement that exemplify the intent of the dance.

What this should look like: Movement with finesse e.g., clean lines, symmetry, pointed toes versus flexed feet, extensions and contractions, force versus flow, movement on static pole considerate to lines of the body. In group competitors in addition this also refers to synchronicity of movement, timing and structure of relationships between dancers movements.

Flexibility and Strength- We reference flexibility as active and passive range of motion in both floor and pole movements and positions that help to accomplish the aesthetic of the piece. Strength we refer to as speed and force to allow for a powerful movement or sustained hold to enhance choreography.

What this should look like: A balanced combination of both strength and flexible movement throughout the dance both in positions and movement on and off the pole to enhance the choreography.

Choreography- We reference choreography to be a MEANINGFUL composition and arrangement of movement and dance to PROJECT and EMOTE a theme, concept, or story. Musicality.

What this should look like: Pole and floor movement that contributes to the intent of the dance and adds interest and response from the audience. Movement that accentuates the chosen music and is purposeful movement.